

# Regions Chart

## Landform and physiographic regions

### Landform regions

	What is where?	Why is it there?	Why care?
Lowlands			
Highlands			
Canadian Shield			

### Physiographic regions

	What is where?	Why is it there?	Why care?
Canadian Shield			
Great- Lakes- St. Lawrence Lowlands			
Hudson Bay Lowlands			
Interior Plains			
Arctic Lands			
Appalachian Region			
Western Cordillera			