

Learning styles inventory

You will be presented with a 24-question questionnaire, where you must determine whether you “never”, “seldom”, “sometimes”, “often”, or “always” do a task. Each answer awards a certain number of points to one of three learning styles, indicated at the end of each question, and will be presented with feedback related to which learning style category you fall into.

The Scoring:

Based on your answer of “never”, “seldom”, “sometimes”, “often”, or “always”, you will give the learning style associated with that question a specific score from 1 to 5.

Always = 5 Points

Often = 4 Points

Sometimes = 3 Points

Seldom = 2 Points

Never = 1 point

Keep track of the point tally for each learning style and add up your totals at the end.

Questions

1. The best way for me to remember new information is to listen to someone talking about it. (Auditory)
2. Seeing new information in written form as well as pictures, charts, and graphics, helps me to learn. (Visual)
3. I like to write things down as I learn about a new topic. (Visual)
4. I like to create posters, make models, and take part in other hands-on activities as I learn. (Kinesthetic)
5. When I am presented with visual information, it helps to have someone describe what I am learning. (Auditory)
6. I enjoy working with my hands or making things. (Kinesthetic)
7. I like to create charts and graphics. (Visual)
8. I have been told I have a good ear for music. (Auditory)
9. I remember best by writing things down several times. (Kinesthetic)
10. It is easy for me to understand and follow directions on maps. (Visual)
11. I do best in class when I can listen to the teacher talk about the topic. (Auditory)

12. I have difficulty learning when I have to sit in a desk for a long time – I prefer to move around. (Kinesthetic)
13. When I'm studying for a test, it helps me to repeat information out loud to myself. (Auditory)
14. I prefer to read news in a magazine or newspaper rather than listen to the radio. (Visual)
15. I chew gum, snack, and/or move around a lot while doing homework or studying. (Kinesthetic)
16. Picturing things in my mind helps me to remember what I am learning. (Visual)
17. I learn to spell words by writing them over and over. (Kinesthetic)
18. I would rather listen to a good guest speaker than read about the same topic in a book. (Auditory)
19. I am good at solving puzzles and mazes. (Visual)
20. I tend to play with pens and other objects during learning periods. (Kinesthetic)
21. I prefer listening to the news on the radio rather than reading about it in the newspaper. (Auditory)
22. I enjoy reading for pleasure. (Visual)
23. I enjoy building things for pleasure. (Kinesthetic)
24. I am easily distracted by noise when I am working. (Auditory)

Now that you have finished the survey, add up the total number of points for each learning style and check out your scores. Your highest score indicates a preference to that specific learning category. Your results likely suggest that you favour one of the three categories; each of us tends to have a preferred learning style. But the results may also show that you do not always learn things in the same way. Different learning styles come into play in different situations. No one learns things in just one way all of the time.

Reflection

Reflect on the following questions in relation to your personal results.

Which of the three learning styles do you score the highest on?

Record your answer:

Student Kumar's answer:

I scored the highest on the kinesthetic learning style. (end of answer)

Which of the three learning styles do you score the second highest on?

Record your answer:

Student Kumar's answer:

I scored the second highest on the visual learning style. (end of answer)

If your results show significant totals in any of those three categories, what do you think that means for you as a learner?

Record your answer:

Student Kumar's answer:

I see that I am a combination of two different types of learning: kinesthetic and visual. Sometimes I can learn through pictures and images and sometimes I can learn by doing something. (end of answer)

Which learning style do you think you favour or suits you the best? Why?

Record your answer:

Student Andrew's answer:

I think I am a visual learner the most because that's the category I scored the highest in. I also know that having someone show me images and pictures means I will generally remember something better. (end of answer)

Here is something interesting to note. If your totals show that you are exactly equal in all three learning styles, you are able to adapt well to any learning situation.